

Svadhyaya

Japa and Shastra Treat 2015



with Satyanarayana Dasa Babaji

Level 1-2 25th – 30th May

Bobolin, Poland

Level 1-2 29th August – 5th September

Chartreuse de Pierre-Châtel, France

Level 1 8th – 12th September

Johannesburg, South Africa

Level 1-2 27th September – 2th October

Pennsylvania, U.S.A.

Level 2-3 10th – 20th October

Vrindavan, India

The term svadhyaya (lit. self-study or introspection) means both the study of shastra and the chanting of mantra. I refer to it as a “treat” instead of a “retreat” (lit. to withdraw) because the word “treat” implies an activity which brings pleasure. Indeed, it is pleasurable, as well as a treat for the mind, intellect and heart. It is also a treatment for the mind and heart in the form of a “treat”.

Why Svadhyaya?

The Indian schools of thought are called darshana. The word darshana is often translated as “philosophy”, but this translation does not convey the meaning sufficiently. Darshana means vision — vision of reality, a way of seeing reality. It is also a map of the path one walks to have a vision of reality. The purpose of a darshana is not just to give some theoretical or vague understanding about reality but to actually have an intuitive insight of it. Therefore every darshana consists of a theoretical part (epistemological and ontological) and a corresponding practice (sadhana) for having the darshana (experiencing) the reality it describes.

It is of utmost importance to have a clear understanding of the darshana of one’s school so that one takes the right step to reach the destination. For even if you have a great car running perfectly, are a trained driver, driving on a nice highway and are alert, you will still end up in the wrong place if you have taken a wrong turn. Alternatively, even if you are walking leisurely on a dirt road you will reach your goal sooner or later, so long as you are walking in the right direction. Every step you take brings you closer to the destination. Thus proper understanding of Reality is necessary for a sincere and serious seeker.

Satyanarayana Dasa Babaji



Level 1-2

25th – 30th May

Bobolin, Poland

Program

May 25th Arrival, Dinner and Introduction

May 26th - 29th Daily schedule:

- Before 9:00 AM Individual time
- 9:00 AM - 10:00 AM Breakfast
- 10:00 AM - 10:30 AM Meeting about sadhana
- 10:30 AM - 1:00 PM Japa
- 1:00 PM - 3:00 PM Lunch and walk
- 3:00 PM - 4:00 PM Japa
- 4:00 PM - 6:00 PM Lecture on Bhakti Shastra
- 6:00 PM - 7:00 PM Dinner
- 7:00 PM - 8:00 PM Personal time and sharing experiences
- 8:00 PM - 9:00 PM Kirtana

May 30th Departure

Lectures will be on the definition of bhakti from Bhakti-rasamrita-sindhu and Madhurya Kadambini and on the description of aparadha from Bhakti Sandarbha.

For registration and further information please contact jaya@jiva.org



Level 1-2

29th August – 5th September
Chartreuse de Pierre-Châtel
Virignin, France

Program

August 29th Arrival, Dinner and Introduction

August 30th - September 4th Daily schedule:

- Before 9:00 AM Individual time
- 9:00 AM - 10:00 AM Breakfast
- 10:00 AM - 10:30 AM Meeting about sadhana
- 10:30 AM - 1:00 PM Japa
- 1:00 PM - 3:00 PM Lunch and walk
- 3:00 PM - 4:00 PM Japa
- 4:00 PM - 6:00 PM Lecture on Bhakti Shastra
- 6:00 PM - 7:00 PM Dinner
- 7:00 PM - 8:00 PM Personal time and sharing experiences
- 8:00 PM - 9:00 PM Kirtana

September 5th Departure

Lectures will be on the definition of bhakti from Bhakti-rasamrita-sindhu and Madhurya Kadambini and on the description of aparadha from Bhakti Sandarbha.

Fee: 360.- €. Including food and stay.

For registration and further information please contact malati@jiva.org



Level 1

8th – 12th September
**Johannesburg,
South Africa**

Program

September 8th Arrival, Dinner and Introduction

September 9th - 11th Daily schedule:

- Before 9:00 AM Individual time
- 9:00 AM - 10:00 AM Breakfast
- 10:00 AM - 10:30 AM Meeting about sadhana
- 10:30 AM - 1:00 PM Japa
- 1:00 PM - 3:00 PM Lunch and walk
- 3:00 PM - 4:00 PM Japa
- 4:00 PM - 6:00 PM Lecture on Bhakti Shastra
- 6:00 PM - 7:00 PM Dinner
- 7:00 PM - 8:00 PM Personal time and sharing experiences
- 8:00 PM - 9:00 PM Kirtana

September 12th Departure

Lectures will be on the definition of bhakti from Bhakti-rasamrita-sindhu and Madhurya Kadambini and on the description of aparadha from Bhakti Sandarbha.

For registration and further information please contact Dhiran Lalta Das
wildworld@mweb.co.za



Level 1-2

27th September – 2th October
Camp Niwakwa
Pennsylvania, U.S.A.

Program

September 27th Arrival, Dinner and Introduction

September 28th - October 1st Daily schedule:

- Before 9:00 AM Individual time
- 9:00 AM - 10:00 AM Breakfast
- 10:00 AM - 10:30 AM Meeting about sadhana
- 10:30 AM - 1:00 PM Japa
- 1:00 PM - 3:00 PM Lunch and walk
- 3:00 PM - 4:00 PM Japa
- 4:00 PM - 6:00 PM Lecture on Bhakti Shastra
- 6:00 PM - 7:00 PM Dinner
- 7:00 PM - 8:00 PM Personal time and sharing experiences
- 8:00 PM - 9:00 PM Kirtana

October 2th Departure

Lectures will be on the definition of bhakti from Bhakti-rasamrita-sindhu and Madhurya Kadambini and on the description of aparadha from Bhakti Sandarbha.

Fee: 375.- US \$. Including food and stay.

For registration and further information please contact Bharata Das
buatstrab@gmail.com



Level 2-3

10th - 20th October

Jiva Institute

Vrindavan, India

Program

October 10th Arrival, Dinner and Introduction

October 11th - 19th Daily schedule:

- Before 9:00 AM Individual time
- 9:00 AM - 10:00 AM Breakfast
- 10:00 AM - 11:00 AM Meeting about sadhana
- 11:00 AM - 1:00 PM Japa
- 1:00 PM - 3:00 PM Lunch and Personal time
- 3:00 PM - 6:00 PM Japa
- 6:00 PM - 7:00 PM Lecture
- 7:00 PM - 8:00 PM Dinner
- 8:00 PM - 9:00 PM Kirtana

October 20th Departure

Lectures will be on the definition of bhakti from Bhakti-rasamrita-sindhu and Bhakti Sandarbha.

Fee: 500.- US \$. Including food and stay.

For registration and further information please contact jaya@jiva.org